



Honoring our Past . . . Looking to our Future . . . Living in the Present

How do we live more faithfully as a disciple of Jesus Christ?

John Wesley, founder of Methodism, believed that disciplined practices led to the spiritual renewal of both individuals and communities. These practices were outlined in the “General Rules” that Wesley wrote for the class meetings that were the core communities of the early Methodist movement. Exploring these “three simple rules,” can help us return to those early Wesleyan roots and find resources that can transform us and the world in which we live. These rules present an alternative to the often frenzied, divisive, and destructive lifestyle our culture offers today. This alternative way of life is accessible to everyone regardless of age, financial standing, education, health, relative power, or theological understandings.

Rev. Mary Jo Sims will lead this Pastor’s Class on Wesley’s Three Simple Rules. It will meet for the six Sundays of Lent (from Feb. 26th until April 1st).